



# Intuери Bodywork Studio

*healing begins within*

160 East Main Street, Suite 1E

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## Confidential Client Information & Health History

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_ DOB: \_\_\_\_\_

Partner's Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

List the types of bodywork have you experienced (if any): \_\_\_\_\_

What kind of exercise (if any) do you do? (please include frequency): \_\_\_\_\_

List your areas of discomfort or pain (if any): \_\_\_\_\_

List any traumas or significant life events that you are comfortable sharing: \_\_\_\_\_

Are you on a special diet or do you have any food allergies? \_\_\_\_\_

Do you drink alcohol? If so, how much per week? \_\_\_\_\_

List any other addiction issues: \_\_\_\_\_

List medications (including pain relievers and supplements) you currently take: \_\_\_\_\_

List past surgeries, broken bones, injuries or spinal issues: \_\_\_\_\_

**Please mark "C" for chronic issues and "A" for acute, recent issues**

E

- |                          |                          |                          |                      |
|--------------------------|--------------------------|--------------------------|----------------------|
| <input type="checkbox"/> | painful joints/arthritis | <input type="checkbox"/> | ear problems         |
| <input type="checkbox"/> | thyroid imbalance        | <input type="checkbox"/> | nervousness          |
| <input type="checkbox"/> | burnout                  | <input type="checkbox"/> | grief (old or new)   |
| <input type="checkbox"/> | need for space           | <input type="checkbox"/> | communication issues |
| <input type="checkbox"/> | irritability             | <input type="checkbox"/> | insomnia             |
| <input type="checkbox"/> | self-pity                | <input type="checkbox"/> | sinus issues         |
| <input type="checkbox"/> | fatigue                  | <input type="checkbox"/> | no free time         |

A

- |                          |                       |                          |                     |
|--------------------------|-----------------------|--------------------------|---------------------|
| <input type="checkbox"/> | asthma                | <input type="checkbox"/> | cigarette addiction |
| <input type="checkbox"/> | heart issues          | <input type="checkbox"/> | fears/paranoia      |
| <input type="checkbox"/> | memory loss           | <input type="checkbox"/> | headaches           |
| <input type="checkbox"/> | epilepsy/seizures     | <input type="checkbox"/> | shortness of breath |
| <input type="checkbox"/> | sleeping difficulties | <input type="checkbox"/> | loss of smell       |
| <input type="checkbox"/> | shoulder issues       | <input type="checkbox"/> | pneumonia           |
| <input type="checkbox"/> | allergies             | <input type="checkbox"/> | fainting            |

F

- |                          |                    |                          |                       |
|--------------------------|--------------------|--------------------------|-----------------------|
| <input type="checkbox"/> | cold hands/feet    | <input type="checkbox"/> | high blood pressure   |
| <input type="checkbox"/> | liver issues       | <input type="checkbox"/> | anger issues          |
| <input type="checkbox"/> | gallbladder issues | <input type="checkbox"/> | lack of energy        |
| <input type="checkbox"/> | stomach issues     | <input type="checkbox"/> | eye issues            |
| <input type="checkbox"/> | indigestion        | <input type="checkbox"/> | diabetes              |
| <input type="checkbox"/> | ulcers             | <input type="checkbox"/> | lack of concentration |

W

- |                          |                           |                          |                             |
|--------------------------|---------------------------|--------------------------|-----------------------------|
| <input type="checkbox"/> | psoriasis                 | <input type="checkbox"/> | depression                  |
| <input type="checkbox"/> | low blood pressure        | <input type="checkbox"/> | reproductive disorders      |
| <input type="checkbox"/> | loss of taste             | <input type="checkbox"/> | bags under eyes             |
| <input type="checkbox"/> | menstrual issues          | <input type="checkbox"/> | trouble going with the flow |
| <input type="checkbox"/> | over emotional            | <input type="checkbox"/> | bladder/kidney issues       |
| <input type="checkbox"/> | urination/prostate issues | <input type="checkbox"/> | anemia                      |
| <input type="checkbox"/> | swollen ankles            | <input type="checkbox"/> | burning/pain during sex     |

E

- |                          |                   |                          |   |
|--------------------------|-------------------|--------------------------|---|
| <input type="checkbox"/> | overweight        | <input type="checkbox"/> | holding on to things (including emotions) |
| <input type="checkbox"/> | neck issues       | <input type="checkbox"/> | constipation/diarrhea                     |
| <input type="checkbox"/> | lack of balance   | <input type="checkbox"/> | stubborn                                  |
| <input type="checkbox"/> | lethargic         | <input type="checkbox"/> | not feeling grounded                      |
| <input type="checkbox"/> | colon issues      | <input type="checkbox"/> | lack of enthusiasm                        |
| <input type="checkbox"/> | feeling resentful | <input type="checkbox"/> | gas                                       |

Other notable issues: \_\_\_\_\_

I understand that any session with the therapist should not be construed as a substitute for medical examination, diagnosis or treatment. I will see a physician, chiropractor, psychotherapist or other qualified medical specialist for any physical, emotional or mental ailment. If I experience any pain or discomfort during the session, I will immediately notify the therapist. I have reported all known health conditions and will inform the therapist of any changes in my health status.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Cancellation policy: Please give at least 24 hours notice prior to your appointment. Without notice, you will be responsible for 50% of the session's cost. Please call or email with any questions. Thank you.*